We Speak DUCHENNE™

DUCHENNE MUSCULAR DYSTROPHY IS COMPLICATED.

Understanding it doesn't have to be.

DOCTOR DISCUSSION GUIDE

Duchenne muscular dystrophy (Duchenne or DMD) is complicated – but talking to your doctor about it doesn't have to be. This resource can guide you through important conversations with your doctor so you can better understand Duchenne and make informed decisions about your options for care.

Remember: Your doctor is always your best source for information about DMD and treatment options. Be sure to bring this guide with you to your next appointment.

Understanding Duchenne

Dystrophin is a key protein that plays an important role in muscle function.

Dystrophin works together with other key proteins to strengthen and protect muscles as they contract and relax.

Duchenne is caused by a genetic mutation.

The dystrophin gene (DMD gene) makes our body's dystrophin protein. However, due to a genetic mutation, people with Duchenne are unable to make usable dystrophin.

Without usable dystrophin, people with Duchenne gradually lose healthy muscle tissue.

This leads to common symptoms, such as muscle weakness, balance issues, and other serious health problems over time.

Research suggests that increasing dystrophin levels may slow the progression of Duchenne in some people.

Learn more about Duchenne at WeSpeakDuchenne.com

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Ask your doctor the following questions to gain a better understanding about Duchenne and treatments to potentially increase dystrophin.

1. What is dystrophin?

2. Why is it important to increase dystrophin?

3. Are treatment options available that are proven to increase dystrophin?

4. Am I eligible for these treatment options?

5. Are any risks associated with these treatment options?

6. Am I a candidate for exon-skipping therapy? If so, how do I get started?

7. Is there currently a therapy in clinical trials that addresses my specific mutations? If so, how can I learn more?

NS Pharma